

Allegro
Performing Arts
Academy's
specialized

program for
students with
individual learning
differences and
other special
needs.



Allegro Performing Arts Academy

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Who is DanceAble for?

DanceAble is for any student with special learning differences. Including, but not limited to, students with down syndrome, cerebral palsy, and autism.

DanceAble wants to provide an environment where every learning style is represented (visual, physical, auditory, and somatosensory).

Our vision is to make this a well-rounded class that provides a gateway to a more inclusive setting.

Want to know if DanceAble is right fit for your child? Please feel free to contact us by phone or email, we would love to see if our program fits your needs!

What to Expect?

Every class will follow the same basic schedule

10min - Free Play

5min - Clean up / Set up

5min - Rhythm lesson

5min - Warm Up

8min - Choreography

8min - Game Time

4min - Performance & Stickers

What is the Focus?

DanceAble uses specially developed dance steps to assist students in a variety of developmental disciplines including:

-Sensory Input

(tactile, auditory, visual, proprioceptive, and vestibular)

-Behavioral Development

-Developmental Domains

(motor skills, cognitive skills, communication skills, adaptive skills, and social/emotional skills)

-Alignment and Posture

-Core Strength

-Balance -Proximal Stability

-Endurance -Praxis -Emotions

-Following Directions -Memory /
Retention

-Spatial Awareness -Body Control

-Musicality -Social Interaction

-And So Much More!!!

Why DanceAble?

DanceAble strives to focus on each student's personal growth objectives. Our goal is come alongside you as their caregiver, as well as the other professionals participating in their care and use dance to assist in reaching milestones in a fun and productive way.

We understand the importance of play in development. We also know having a peer group to socialize with is very beneficial. We are excited to provide these opportunities to students!

How Can You Help?

We understand that as the primary caregiver, you are a wealth of knowledge when it comes to your child's needs.

We welcome any and all input, suggestions and advice you have, that will help us to be successful.

Additionally, family members, therapists and other special buddies are always welcome to join us in assisting your student in class.

We look forward to working together to make this a positive and successful experience for everyone.